Engaging Middle and High School Students in 21st CCLC Programs: Keys to Success!

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Goals for Today

- Discuss the importance of working with older youth and the foundations for success

- Review the strategies that help build that foundation

- Learn about the resources offered by **AZ REACH**

Key Message

The foundation for successfully working with all youth, especially middle and high school youth:

Is providing high-quality programs and opportunities that are built on a Positive Youth Development approach

Working with Older Youth

- Why is working with older youth so important?

- What are the challenges working with older youth?

- What do we need to be successful?

Strategies for Success

- Professional Development
  - Supports the implementation of high quality programs of any type

- High quality activities
  - Selecting programs with demonstrated outcomes ensures youth succeed

- Program Evaluation
  - Demonstrates effectiveness and builds sustainability

AZ Center for Research and Outreach (AZ REACH)

- Supports professionals working with and on the behalf of children, youth, and families utilizing strategies including:

  - Translating research for community/ applied use

  - Providing interactive learning opportunities

  - Building communities of practice

  - Designing and implementing program evaluations

  - Conducting applied research studies

AZ REACH

- Provides resources that support the mission of CCLC's:
    - Providing high-quality out-of-school programming that support academic achievement
    - Providing meaningful opportunities
    - Supporting family engagement.

AZ REACH

- Interactive learning opportunities and professional development that build skills and competencies in the foundations of Positive Youth Development

- Access to searchable database to locate evidence based programs

- Evaluation information and vetted resources to implement quality evaluation

Military REACH
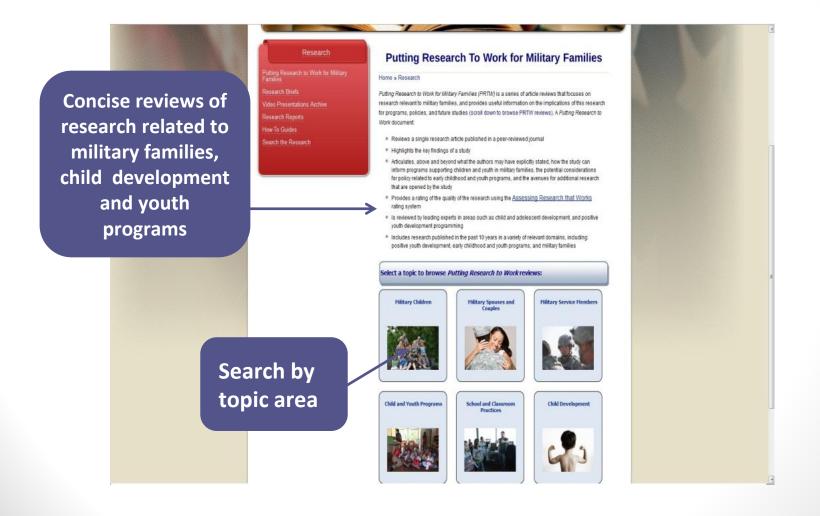## Supporting military families through research and outreach

http://reachmilitaryfamilies.arizona.edu

RESEARCH

Putting **Research to Work**

Concise reviews of research related to military families, child development and youth programs

Search by topic area

Search for **high-quality** youth programs

Search a database of nearly 500 programs by Youth Outcome and Target Population
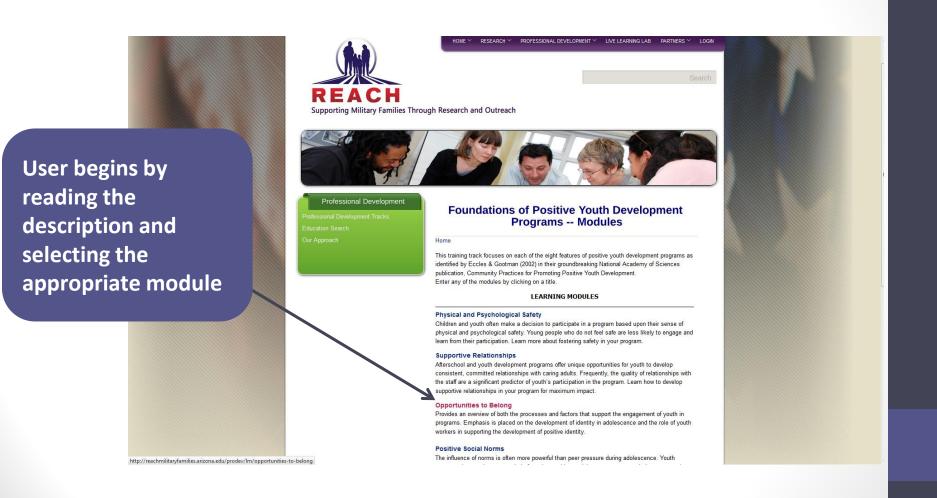
High Quality Youth Programs

How might this database be useful to you?

- Search the programs on MilitaryREACH to identify top-performing programs in the area of Academic Achievement

What are the top-performing programs that support academic achievement?

OUTREACH
Online Learning **Platform**

User begins by reading the description and selecting the appropriate module

Modules Build the **Foundation**

- Research-based, applied concepts provide information that supports development of **ALL** high quality youth programs

- Supports **quality** through education about key elements of Positive Youth Development

- Coaching and managing modules support current and emerging leaders to develop **key competencies**

Youth Development is **Foundational** to Young People's Success

8 Essential Elements

- **Physical and Psychological Safety**
- **Appropriate Structure**
- **Supportive Relationships**
- **Opportunities to Belong**
- **Positive Social Norms**
- **Support for Efficacy and Mattering**
- **Opportunities for Skill Building**
- **Integration of School, Family, and Community Efforts**

Clubs
YMCA
Boys and Girls Clubs
Mentoring
Faith-Based Groups

After-School Programs
Sport Teams
Girl Scouts
Boy Scouts
Tutoring

so **Youth** can Learn:
To Be Productive
To Connect with Others
To Navigate Multiple Environments Successfully

so as **Adults** they Achieve:
Economic Self Sufficiency
Healthy Family and Social Relationships
Community Contribution

Learning Modules:
3 tracks 21 modules

Foundations of Positive Youth Development Programs

9 Modules
- What is Positive Youth Developmentt and Why Does it Matter?
- Physical and Psychological Safety
- Supportive Relationships
- Opportunities to Belong
- Positive Social Norms
- Appropriate Structure
- Support for Efficacy and Mattering
- Opportunities for Skill Building
- Integration of School, Family and Community Efforts

Coaching and Managing for Success

6 Modules
- Building Effective Teams
- Get the Right People on the Bus: Attracting Hiring and Retaining Youth Development Staff
- Effective Facilitation for Productive Trainings and Meetings
- Program Management and Leadership
- Coaching for Performance
- Essentials of Volunteer Mngmt.

Learning Modules

How can these learning modules contribute to your program?

- The 9 learning modules are interactive and self-paced, a great opportunity for on-going professional development

How can we provide ongoing professional development to support the quality of our programming?

I want to learn more about how my program can bring people together to address community issues.

- Check out the module **Integration of Family, School and Community Efforts**

Evaluation Focused **Learning Modules**

Program Evaluation Toolkit

8 Modules
- Planning for Effective Program Evaluation
- Focusing on Evaluation
- Evaluation Questions and Design
- Evaluation Methods
- Collecting and Handling Data
- Analyzing Your Data
- Communication Evaluation Results
- Program Management

CYFERnetSEARCH.org

Resources and **Tools** to Build **Evaluation Capacity**

LEARN	BUILD	EVALUATE	REPORT

LEARN
- Learning Modules
- FAQs
- Video Resources
- Archived Resources
- Glossary
- Blog/Online Forum

BUILD
- Build Your Account
- Log In to Your Account
- Build Your Logic Model
- Build Your Survey

EVALUATE
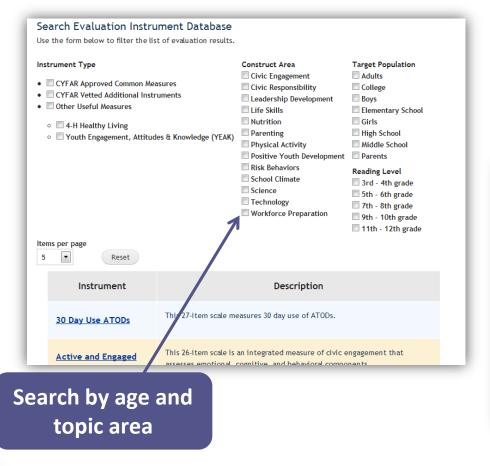- Searchable Database of Evaluation Instruments
- CYFAR Common Measures
- Technology and Evaluation
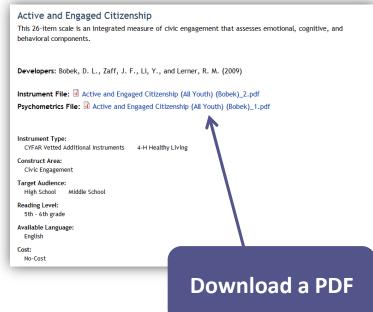- Data Upload/Download

REPORT
- CYFAR Annual Report
- Generate a Report

Access to **High-Quality** Resources

search a database of **150+ vetted evaluation** measures

access **reliability and validity** information

Search Evaluation Instrument Database
Use the form below to filter the list of evaluation results.

Instrument Type
- ☐ CYFAR Approved Common Measures
- ☐ CYFAR Vetted Additional Instruments
- ☐ Other Useful Measures
  - ☐ 4-H Healthy Living
  - ☐ Youth Engagement, Attitudes & Knowledge (YEAK)

Construct Area
- ☐ Civic Engagement
- ☐ Civic Responsibility
- ☐ Leadership Development
- ☐ Life Skills
- ☐ Nutrition
- ☐ Parenting
- ☐ Physical Activity
- ☐ Positive Youth Development
- ☐ Risk Behaviors
- ☐ School Climate
- ☐ Science
- ☐ Technology
- ☐ Workforce Preparation

Target Population
- ☐ Adults
- ☐ College
- ☐ Boys
- ☐ Elementary School
- ☐ Girls
- ☐ High School
- ☐ Middle School
- ☐ Parents

Reading Level
- ☐ 3rd - 4th grade
- ☐ 5th - 6th grade
- ☐ 7th - 8th grade
- ☐ 9th - 10th grade
- ☐ 11th - 12th grade

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Instrument	Description
30 Day Use ATODs	This 27-item scale measures 30 day use of ATODs.
Active and Engaged	This 26-item scale is an integrated measure of civic engagement that assesses emotional, cognitive, and behavioral components.

Search by age and topic area

Active and Engaged Citizenship
This 26-item scale is an integrated measure of civic engagement that assesses emotional, cognitive, and behavioral components.

Developers: Bobek, D. L., Zaff, J. F., Li, Y., and Lerner, R. M. (2009)

Instrument File: 📄 Active and Engaged Citizenship (All Youth) (Bobek)_2.pdf
Psychometrics File: 📄 Active and Engaged Citizenship (All Youth) (Bobek)_1.pdf

Instrument Type:
CYFAR Vetted Additional Instruments   4-H Healthy Living

Construct Area:
Civic Engagement

Target Audience:
High School   Middle School

Reading Level:
5th - 6th grade

Available Language:
English

Cost:
No-Cost

Download a PDF

Evaluation Tools

How can these evaluation tools support programs for older youth?

- Search the database of vetted evaluation measures to find measures. In science, choose from 6 measures that evaluate
  - Interest in Science
  - Enjoyment of Science
  - Attitudes towards Science

I want to measure the impact of a STEM focused component on High School students attitudes towards science.

Live Learning Lab
Coming Soon!

Video observation and interactive features:

- Observational tool that will provide feedback regarding program quality and staff strengths and development areas

- Improve skills via one-to-one coaching sessions

- Support professional development in a secure and research-based environment

Creating and Sustaining Programs for Older Youth!

Where do we go

from here?

Thank you!

Please Visit:

reachmilitaryfamilies.arizona.edu
cyfernetsearch.org

For more information contact:

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